



SHINEFORTH



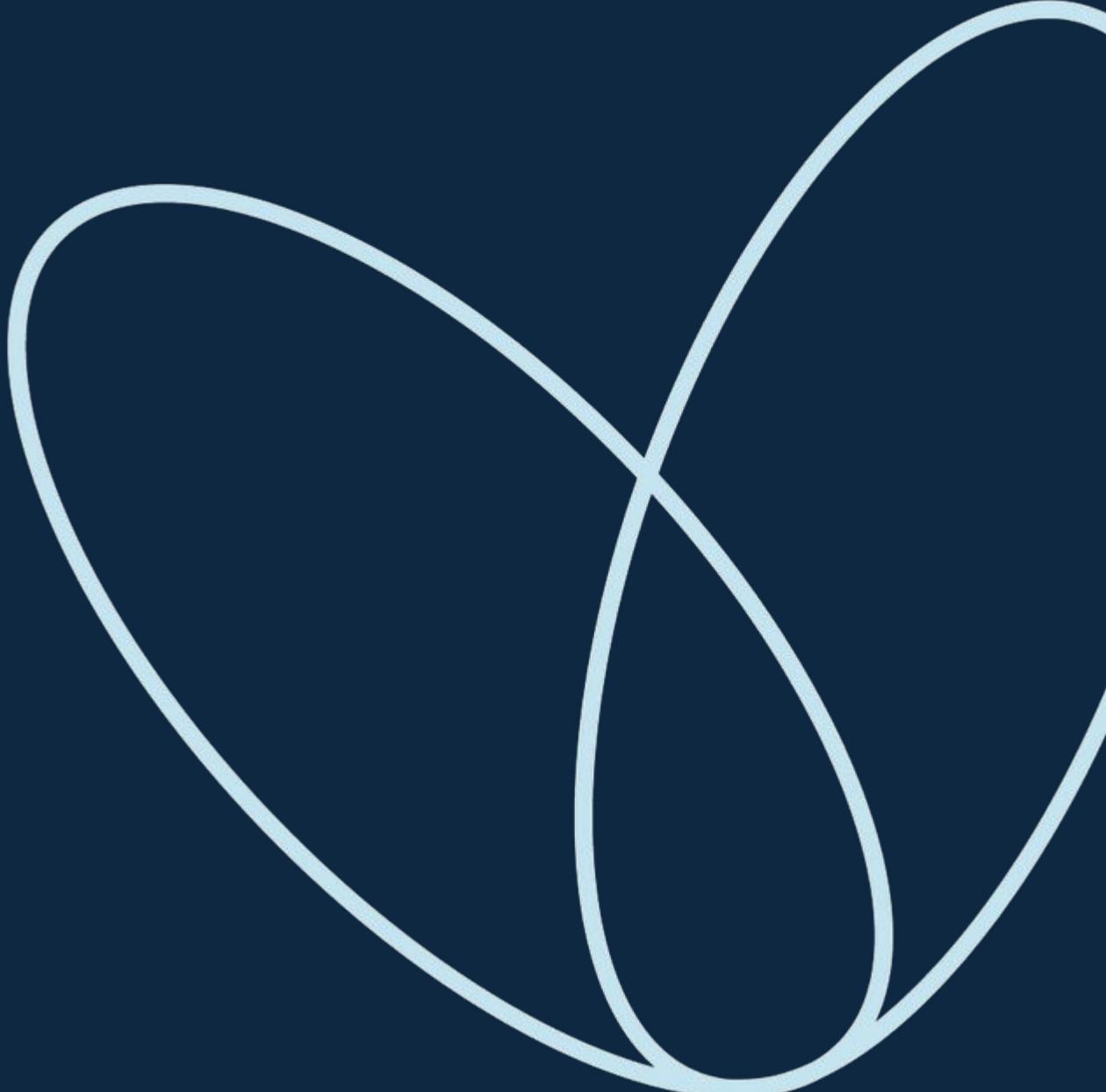


Courage to Succeed

A college-support and transition
program for students with
neurological differences

Individualized Supports

- Academics
- Psychosocial
- Independent Living
- Career & Job



Academic Supports

- Support at both Reynolds and Brightpoint CC
 - Transfer students to VCU & University of Richmond
- Course advising and registration
- Accommodations
- Weekly academic planning meetings
- Ongoing contact with college instructors
- Tutoring
- Study hall
- Organizational & study skills training



Independent Living Supports

- Self-advocacy
- Independent living skills group
- Career exploration and planning
- Summer internship program



Psychosocial Supports

- Social skills group
- Peer support group
- Weekly counseling
- Mindfulness
- Healthy Relationships group
- Current events group
- Campus clubs & activities



Summer Camp Series

-1 week per topic

-Monday-Thursday

-Attend as many as you would like

-17+

-\$425/week

- Independent Living Skills
- Workplace Readiness Skills
- High School to College Transition
- Social Activities



Summer Internship Program

-Current C2S Students

-Job coaching

-Weekly meetings with supervisor & job coach

-Building workplace readiness skills

- Past internship opportunities included:
 - Bev's Homemade Ice Cream & Café
 - One For All Artists
 - Maymont Nature Center
 - Making a Difference for You, Inc
 - VDOT
 - Various locations on the UMFS campus



Why College?

Let's take a look at the benefits of college and what to be on the lookout for!



Benefits of College

Builds independence

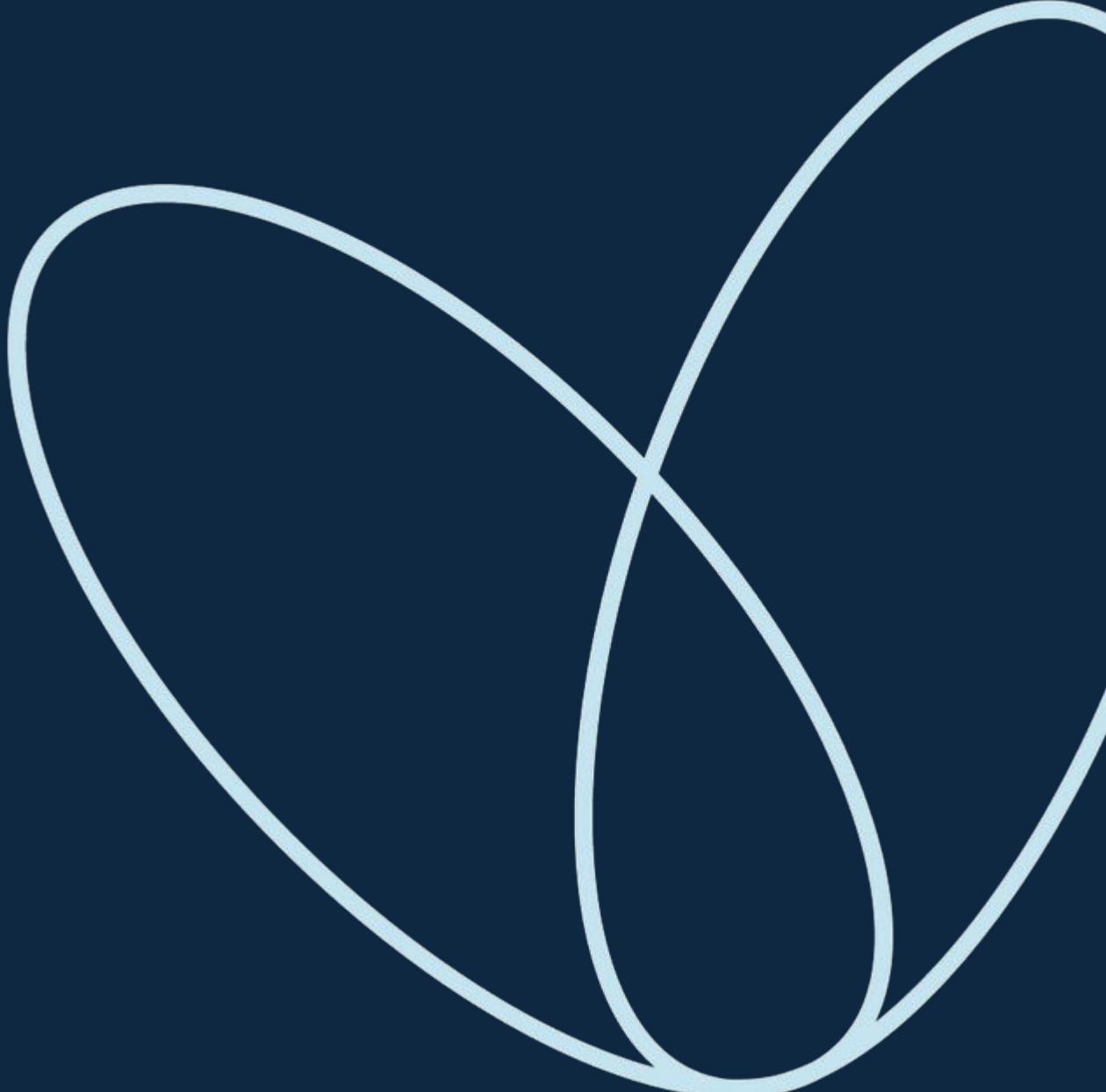
Learn more about who they are

Creates opportunities to socialize



Potential Challenges

- May not used to the independence
- Lack of structure
- More intense coursework
- Navigating new social situations



Strategies

Let's talk strategies to make it a smoother and more successful transition!



Time Management

Most important tasks:

- In college, some assignments are worth more points than others
- Prioritize upcoming deadlines

Proactive with supports:

- Don't wait until there is a problem to meet with tutor, professor, or advisor
- Free tutoring at most colleges
- Disability Service Office
- Courage to Succeed program

- Good thing about college is you make your own schedule!
- Establish a daily schedule
- Prioritize your most important tasks
- Be proactive with your supports



Applying for Accommodations

- New students should contact Office of Student Accommodations/Student Accessibility Services at least 3 weeks prior to the semester
- Request services on Reynolds/Brightpoint website
- They will reach out to schedule an intake meeting
- Returning students, no need to reapply, but will need to request accommodations on their website each semester



Communicating with Professors

- Professional communication
- Office hours
- CANVAS
- Professional email communication
- Communication preference
- Disclosure of disability
- Professor Advocacy letter each semester



Disclosure to College and Professors

- Ultimately it is your decision on what, if anything, you want to disclose to the college about your disability
- You can advocate your NEEDS, without stating your disability



Communicating with Fellow Students

- Look for people that are in a similar life stage
- This is a time to meet new people
- There are various areas on campus where people are more social
- It takes time. Be patient!



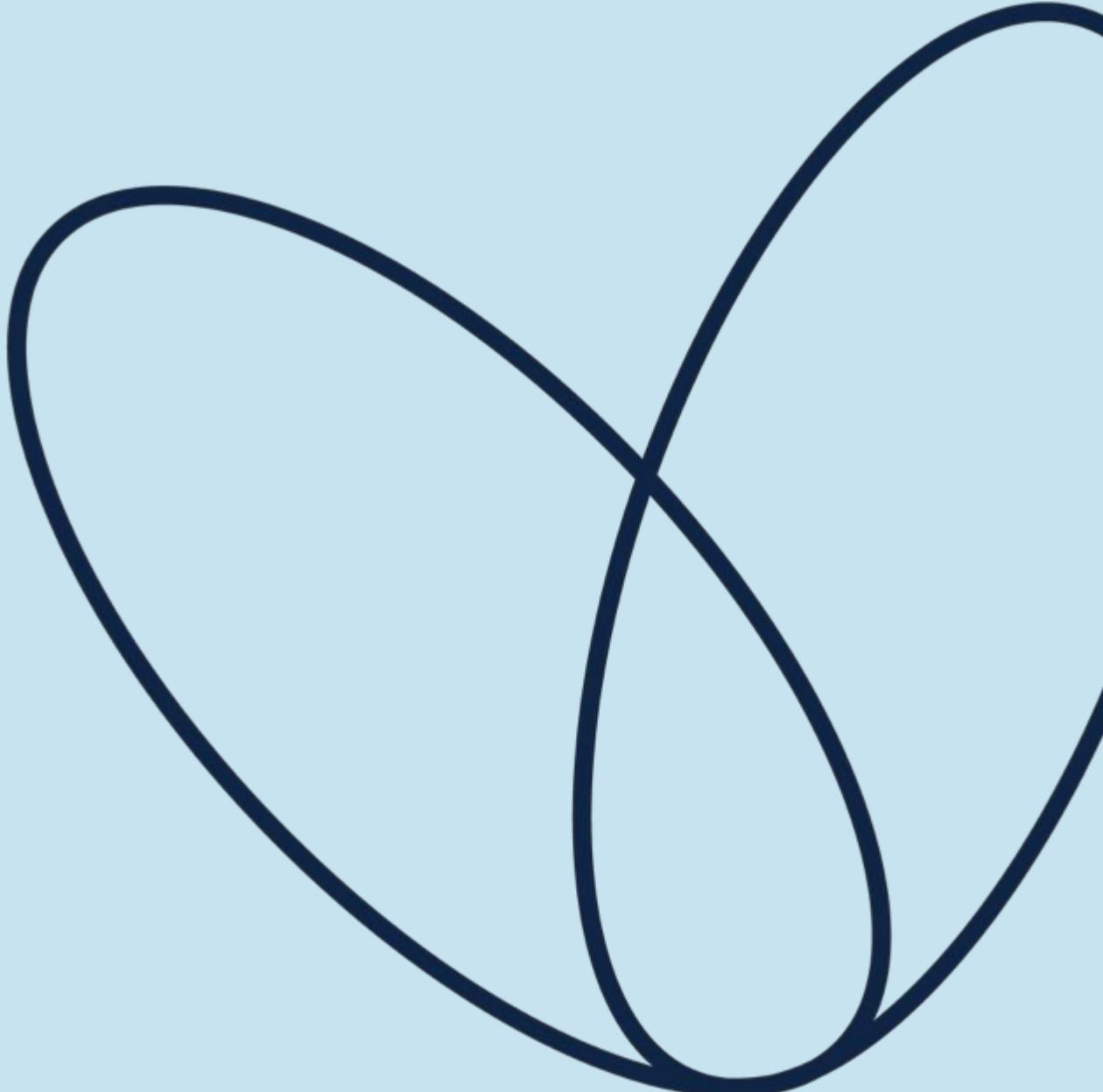
Getting Involved with Student Life

- Office of Student Life at the College
- Field trips, clubs & organizations, service projects, social events, intramural sports, & educational events



Questions?

This is an exciting next phase in
your life and we would love to
support you in it!





Thank you

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