

# Life Skills & Transition supports for Autistic Adolescents & Adults



Prepare your  
loved one for  
**independent  
living.**



## Our services offer:

- Life skills learning modules
- Trainings, support groups and social events
- 1:1 life skills coaching

For more information, contact us at (804) 355-0300  
[information@commonwealthautism.org](mailto:information@commonwealthautism.org)  
[commonwealthautism.org](http://commonwealthautism.org)



# Career Readiness & Employment for Autistic Individuals

## Worried about long-term employment?

Meaningful work can:

- *Build confidence*
- *Provide a sense of belonging*
- *Lead to independent living*



## Our Program Provides:

- ✓ Paid Internships
- ✓ Job Coaching
- ✓ Career Development

For more information, contact us at (804) 355-0300  
[information@commonwealthautism.org](mailto:information@commonwealthautism.org)  
[commonwealthautism.org](http://commonwealthautism.org)

