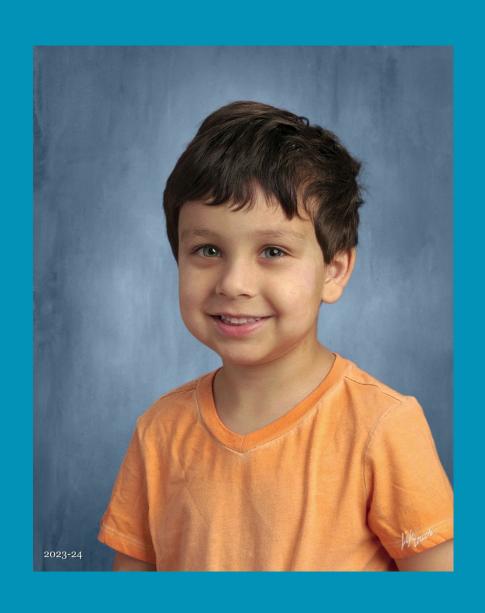


## Disability Life Planning



by Special Abilities Network www.specialabilitiesnetwork.com

## Why I am on a mission...





## Disability Life Planning Clinic

• The mission of Special Abilities Network is to help every family that wants a special needs plan to have one.

• Most family members provide 70% of the care for a loved one with a disability. This is unpaid care.

• We offer a 3-step process to do this consisting of building a funding strategy, legal strategy, and support strategy for now and into the future.



## 3 Step Process

- Funding Strategy: Do you know the cost of care for your loved one with a disability? What resources are in place to cover the costs of care? What if you have a gap between the cost and your resources? How to establish a transfer of these resources, without impacting their access to public benefits?
- Legal Strategy: Using the info above, the legal strategy identifies the legal documents that are needed to protect the individual and their resources.
- Support Strategy: You have TONS of information about how to care for the individual with a disability as well as knowledge of their doctors/therapies/preferences, etc. Let's get that out of your head and into a Care Plan that will guide others on how to support your loved one. This also includes advocacy.

## SIGN UP FOR YOUR FREE 30 MINUTE DISABILITY LIFE PLANNING CLINIC

SIGN UP HERE: TUESDAY AND WEDNESDAY!

HTTPS://CALENDAR.APP.GOOGLE/MDSUJFZX9C2F TJU99





## Let's Talk Waivers

•What is a Medicaid Waiver?

SERVICES! Life long services.

It is a public benefit option that is designed to provide services for individuals with disabilities that have lifelong impact.

What problem do waivers solve?

The "foreverness" of disability



## What do waivers do?

(Mylifemycommunity website)

Waivers cover a variety of items including services that provide medical care, supports for employment, supports for community living, behavioral interventions, and other items like medical goods and assistive technology that help people avoid living in a hospital, nursing home, or other institution.

There are three waivers available for individuals with a developmental disability:

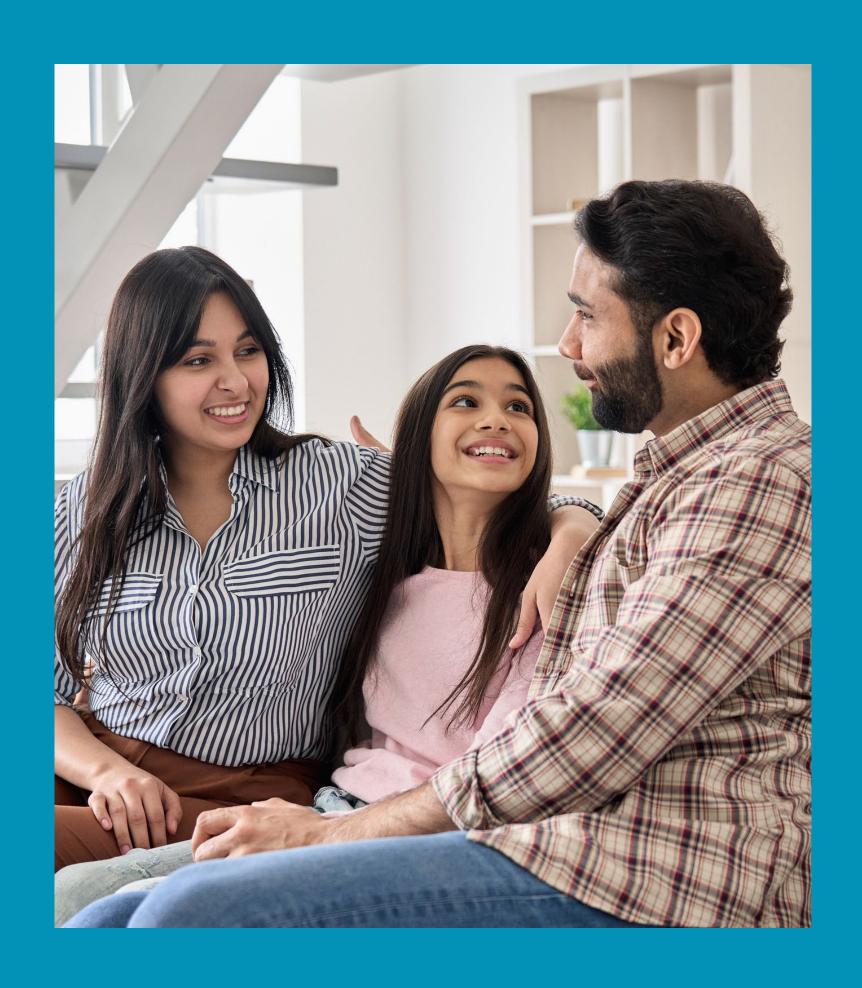
- Building Independence Waiver (BI),
- •Family and Individual Supports Waiver (FI), and
- Community Living (CL) Waiver.
- Virginia currently has a waiting list to receive a waiver.



## Are you thinking you don't need a waiver?

Maybe not, but keep in mind...

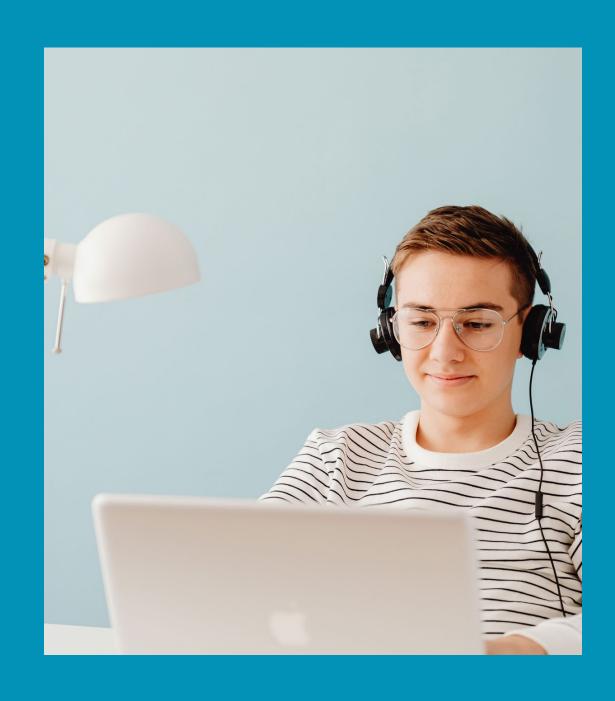
- Waivers offer a variety of services
- Consider lifelong care, how are you prepared to provide it?
- Given the waiting list, it is hard to know when you will get it.



# Apply for a waiver through your local CSB

### Community Services Board

- Ask for a screening
- Bring information to the screening
- Follow up once you are on the waitlist, make sure your case manager knows you and your loved one
  - Update the case manager regularly



# Waivers can provide supported employment when...

There is documentation that DARS and school won't pay for supported employment.

#### This includes:

Job-related discovery or assessment

Person-centered employment planning

Job development

Negotiation with prospective employers

On-the-job training, evaluation and support Developing work-related skills

Coverage for transportation when necessary



## And Work Place Support

Includes support to individuals who have completed job development and job placement training (or near completed) but require more than typical follow along services to maintain stabilization in their employment.

These are supplemental to job coach services. Provides skill-building related to behavior, health, time management or other skills needed for successful employment.

Can include support with personal care.

Provided at a 1:1 ratio.



# Thank You

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Sign up for the clinic!

